



St Charles RC Primary School
Emlyn Street
Off Moorside Rd
Swinton
Manchester
M27 9PD
0161 794 4536

31st March 2020

Dear Parents and Carers,

If you are one of our parents and carers who is part of the huge army of key workers tackling COVID-19, on behalf of our school family I want to offer our huge thanks and love. We are so grateful for all your efforts.

Well done everyone for your work in home school so far. Remember that all you can do with home learning is your best. Our top priority for you all is that you are safe and healthy. When the children come back to school (and we pray that happens as soon as possible) we will work with them to close any gaps in learning that might develop in the coming weeks. We want to make sure that our community is strong, that we are looking after our children and that we are supporting our families. You are all doing a great job and I pray that you are enjoying this time together as a family.

We know that a lot of the home learning taking place is online and this will make demands on your home wifi and increase the amount of screen time that our children have. This link has some helpful advice on the issue: <http://theconversation.com/coronavirus-5-tips-for-navigating-childrens-screentime-during-social-distancing-134445>

Developing independence is so important, so during this time at home we would love the children to do something independent each day: Something for the House, their Health, their Head and something that will Help:

Something for the HOUSE

- Tidy a room
- Do the dishes
- Do the laundry
- Cook a meal

Something for your HEALTH

- *Do a workout
- *Go for a walk
- *Meditate
- *Dance

Something for your HEAD

- Do some school work
- Learn something new
- Play some music
- Play a game

Something that will HELP

- *Face Time family or friends
- *Read a book
- *Check on a family member
- *Self-care

Your child may be worried and confused about what is going on and why they can't come to school. This is a lovely, free resource from Early Years Story Box that might help. The story is called Don't Worry Little Bear: <https://www.earlyyearsstorybox.com/corona/>

This week my challenge for the children is to create a cross out of some objects that you find around your home. All entries can be should be sent in by email or on social media. Please encourage your child to join in and we look forward to seeing them.

At this time of great challenge, our mission, "As a family of God, we love to learn and learn to love" and our faith are central to how we respond as a school family. As a Catholic community we pray that we will all be safe, healthy and well and we look forward to the day when we can all be together again. God bless,

C. L. Campbell

Mrs C and Charley xxx

As a family of God, we love to learn and learn to love