

Key tips to think about

- Have the conversation with the children early and often about how to go online safely
- Explore online together – (allow them to teach you how to browse!)
- Know who your child is talking to online at all times
- Set rules and agree boundaries
- Make sure that content is age-appropriate
- Use parental controls to filter, restrict, monitor or report content (Call O2 support 0808 800 5002) www.o2.co.uk/digital-family
- Check they know how to use privacy setting and reporting tools

For more information: www.thinkyouknow.co.uk/parents

- To help remove content online (contact Revengeporn Helpline 08456000458) who will help you to take down anything that has been posted on the web which you would like to remove.
- Watch this animation on youtube about how children must not give personal details online. **Lee and Kim adventureAnimal magic**
https://www.youtube.com/watch?v=NxYily6t4LQ&feature=player_embedded

-  Use Kids you tube for the children

- Have a look at lots of helpful information on NSPCC site
(<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>)

- www.o2.co.uk/digital-family

- CEOP guidance video for secondary age young people;
- <https://www.youtube.com/watch?v=9uJOXOAQ9Qo>